

Rehabilitation Day Program Hours of Operation:

- Monday to Friday 8:00-4:00
- 45 minute treatment sessions
- Sessions may be individual or in group format
- Individual schedules and treatment plans will be determined following assessment

Program Goals:

To provide comprehensive interprofessional outpatient services to clients and their families to maximize function and quality of life within the home and community settings.

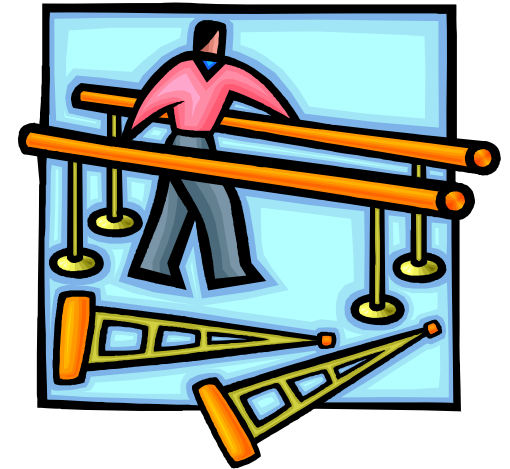


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Rehabilitation Day Program (RDP)



Welcome to RDP

RDP is an outpatient program designed to enhance independence and quality of life for people who require at least one service from PT, OT, or SLP. Our program provides services to people with:

- Subacute Stroke; Referral within 3 months of event occurrence.
- Lower Limb amputation requiring prosthetic gait training

Our Team Includes:

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Speech Language Pathologist (SLP)
- Ambulatory Stroke Navigator
- Social Worker (SW)
- Rehabilitation Assistants (RA)
- Communication Disorders Assistant (CDA)
- Clerical Support

Admission Criteria

In order to be eligible for the program you must:

- Be over 18 and referred by a physician or primary care provider
- Be medically stable and able to tolerate participation in outpatient therapy
- Demonstrate potential for improvement with therapy
- Have functional goals for 12 – 14 weeks of outpatient therapy
- Be able to transfer between level surfaces with moderate assistance of two people (Note: persons requiring the use of a mechanical lift are not eligible)
- Live within the areas of Barrie, Collingwood, Wasaga Beach, Alliston, Midland, and parts of the surrounding townships of Springwater, Essa, Oro-Medonte, and Innisfil, (not a resident of a Long Term Care facility)
- Have transportation to and from the program
- Demonstrate regular attendance and active participation, and
- Have supports and products available to manage bladder and bowel incontinence (if applicable).

Therapeutic Goals

As a client of RDP, your goals are central to your treatment plan.

We aim to:

- Improve physical, mental and emotional wellness;
- Address concerns relating to cognition, perception, communication, swallowing, balance, strength, & mobility
- Provide education and support to persons with stroke and/or lower limb amputation, and family members;
- Enhance coping skills;
- Promote independence; and
- Facilitate access to community based programs.

