

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



If you are unable to see someone from the RVH MAID Team during your hospital stay, you may reach out to the Care Coordination Service to receive more information about MAID and to be connected to a Physician or Nurse Practitioner who provides MAID services.

**TTY Services: 1-844-953-3350**

[www.dyingwithdignity.ca](http://www.dyingwithdignity.ca)

[Canada.ca/en/health-canada/services/medical-assistance-dying](https://Canada.ca/en/health-canada/services/medical-assistance-dying)

[Ontario.ca/page/medical-assistance-dying-and-end-life-decisions](https://ontario.ca/page/medical-assistance-dying-and-end-life-decisions)

**Scan the QR code or visit [RVH.on.ca](https://RVH.on.ca)  
to access more information**



## Information for Patients & Families



## Your MAID Journey...

### What is MAID?

Medical Assistance in Dying (MAID) is an end-of-life option for individuals suffering from a medical condition, disease or disability. Individuals can voluntarily request to begin the assessment process.

Provision of MAID involves a Physician or Nurse Practitioner (NP) administering medication that will end your life. Please ask us any questions you may have, we are here to support you every step of the way.

### What You Should Know

- As this entire process is completely guided by your personal preferences and wishes, you can withdraw your request at any point during this journey
- Know that you can always request to speak to any member of the MAID team during the process
- During the MAID process, you will remain eligible to receive care from all services offered at RVH
- If English is not your primary language, accommodations can be made to ensure you are receiving accurate information, allowing for an informed decision
- Note: Self-administration of a substance to end life is not offered at RVH, however, your community MAID provider can help you if this is the option you choose

### MAID Navigation Team at RVH

Your navigation team encompasses health professionals from various disciplines. Your team works together diligently to facilitate a patient-driven process, completely guided and created by the patient and their loved ones.

These team members include, but are not limited to:






- MAID Navigator
- 1st and 2nd MAID Assessors (Physicians/NPs)
- Palliative care team
- Social Worker
- Spiritual care team
- Pharmacy team
- Indigenous Navigator

### Who is Eligible to Receive MAID?

To receive medical assistance in dying, you must:

- Be eligible for publicly funded healthcare services in Canada
- Be at least 18 years of age or older
- Be capable of making healthcare decisions
- Be able to provide informed consent, meaning you have given permission after you have received all information required to make your decision
- Make a voluntary request for medical assistance in dying
- Have a grievous and irremediable medical condition
- Have a serious, incurable disease or disability
- Be in an advanced state of irreversible decline in capability, and
- Are enduring physical or psychological suffering, caused by the medical condition or state of decline, that is intolerable to you and cannot be relieved under conditions that you consider acceptable

### What to Expect

-  Once you have requested MAID, a member of the MAID team will connect and further explain the process and answer any questions you and your loved ones may have
-  You will receive assessments from two or more Physicians or NPs confirming your eligibility, and will still have time to consider your decision
-  If your death is not reasonably foreseeable, you must wait at least 90 clear days from the day of your first eligibility assessment to receive MAID
-  In cases where the loss of your capacity to provide consent to MAID is imminent, the Physicians may approve a shorter waiting period; based on conditions defined by federal law
-  MAID assessments and provision can be started and/or completed in the community

