



The Online Breastfeeding Group

*Wednesdays from
1:00-2:30 pm*

The Online Breastfeeding Group is a place for new parents living in Simcoe County and the District of Muskoka to talk, share and encourage each other during their breastfeeding experience.

Public health nurses will provide support and answer questions on infant feeding, infant care, developmental stages and parenting.

To register, visit smdhu.org/obg



www.simcoemuskokahealth.org