



More Resources/Information/Links

For more information, please speak to your physician or another member of your healthcare team.

You may also wish to contact:

- **Care coordination service:**

1-866-286-4023, or
TTY 1-844-953-3350

This phone service is in place to support clinicians, patients and caregivers. You can call to receive more information about MAID and/or to be connected to a physician or nurse practitioner who provides MAID services.

- **RVH Patient & Family Experience Office:**

705-728-9090 ext. 44510
patientexperience@rvh.on.ca

For additional information, you may wish to visit the following webpages:

- **Ontario Ministry of Health**

www.health.gov.on.ca/en/pro/programs/MAID/

- **Government of Ontario**

www.ontario.ca/page/medical-assistance-dying-and-end-life-decisions#section-2

- **Government of Canada, (2021) Medical Assistance in Dying**

www.canada.ca/en/health-canada/services/medical-assistance-dying.html#b3

- **Ontario FAQ**

www.health.gov.on.ca/en/pro/programs/MAID/docs/MAID.pdf

- **Government of Canada**

www.canada.ca/en/health-canada/services/medical-assistance-dying.html

- **Dying with Dignity Canada**

www.dyingwithdignity.ca



Medical Assistance in Dying (MAID)

What is MAID?

Medical Assistance In Dying is an end-of-life care option that an individual, with a serious condition causing long-term suffering, can voluntarily request.

Medical assistance in dying (MAID) is when:

- a physician or nurse practitioner administers medications, at your request, that will end your life, or
- the prescribing of a substance by a physician or nurse practitioner, at your request, that when self-administered will end your life

At RVH, MAID is only offered by a physician or nurse practitioner administering medications.

A prescription to be self-administered is not an option offered at RVH.

How to request?

You can speak to any member of your care team for information on MAID. You will be referred to an appropriate healthcare professional who can answer your questions.

To request MAID, you must make a written request by completing the Ontario government request form.

The written request is submitted to your physician or nurse practitioner.

Eligibility

To receive medical assistance in dying in Ontario, you must:

- be eligible for publicly funded healthcare services in Canada
- be 18 years of age or older
- be capable of making healthcare decisions
- be able to provide informed consent, which means that you have given permission after you have received all the information you need to make your decision
- voluntarily request medical assistance in dying
- have a grievous and irremediable medical condition, which means you:
 - ° have a serious and incurable illness, disease or disability
 - ° are in an advanced state of irreversible decline
 - ° are enduring physical or psychological suffering, caused by the medical condition or the state of decline, that is intolerable and cannot be relieved

*Currently, Canadians whose only medical condition is a mental illness, and who otherwise meet all eligibility criteria, are not eligible for MAID.

Process

Once you have requested MAID and received assessments by two or more physicians or nurse practitioners confirming your eligibility, you will still have time to consider your decision.

Your healthcare team will work to ensure you have the information needed to make your decision, including your medical diagnosis, available forms of treatment, and other available options to relieve suffering.

You can withdraw your request at any time.

Where natural death is not reasonably foreseeable, there is a 90-day assessment period from the day MAID is requested to the day it could be administered.

If you are eligible for MAID and death is found to be reasonably foreseeable then accommodation for a shorter wait time can proceed when the patient and physician are ready.

When MAID is provided, the physician or nurse practitioner will administer drugs to cause death.

Before providing the drugs, your doctor or nurse practitioner will give you the opportunity to withdraw your request and get your final consent to proceed.

