

# Residential Withdrawal Management Services Location:

RVH Community Care Centre  
70 Wellington St. W.  
Upper Level  
Barrie, ON  
L4N1K4

Open 24 hours a day - 7 days a week



## Hours of operation:

24 hours a day - 7 days a week

For inquiries or 24-hour telephone  
support, please call:

**705-728-4226 or 1-866-850-7034**

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## For additional support:

**Rapid Access Addiction Medicine  
(RAAM) Clinics**

**705-797-3095 or 1-833-797-3095**

**CMHA Crisis Services:**

**705-728-5044**



# Residential Withdrawal Management Services

*Begin your journey  
of recovery today!*



Addiction recovery services for those  
struggling with their use of alcohol or drugs

## What is Residential Withdrawal Management?

Royal Victoria Regional Health centre's (RVH) Residential Withdrawal Management Service (WMS) provides 24-hour professional monitoring for those experiencing substance dependence or are seeking support during the process of withdrawal.

Our professional staff of trained and experienced addiction counsellors work collaboratively with you to ensure your safety.

They provide brief, solution-focused counselling, and therapeutic groups, while providing an introduction to various methods of recovery maintenance.

Program staff will work collaboratively with you to develop an individualized discharge plan that supports your continued recovery goals, while ensuring your confidentiality is maintained.

Participation is voluntary, referrals are not required and there are no fees to access services.

## RVH's WMS provides:

- Free, voluntary service available 24 hours a day with no referral required
- Immediate access to a safe and supportive environment staffed by professionals who care
- 24-hour monitoring and support during the withdrawal process
- Brief solution-focused counselling and therapeutic groups
- Assessment and referrals to appropriate aftercare supports
- 24-hour telephone based crisis services: 705-728-4226

**For more information  
please visit [www.rvh.on.ca](http://www.rvh.on.ca)**

\*Free Naloxone kits are available through RVH's RAAM clinics, Simcoe Muskoka District Health Unit, Canadian Mental Health Association and participating pharmacies.

No prescription required.

## What is withdrawal?

When an individual cuts back, changes or stops their use of alcohol or other drugs, unpleasant physical and/or emotional symptoms, can develop. These symptoms are referred to as withdrawal.

Withdrawal symptoms can include: anxiety, irritability, depression, excessive tiredness, nausea, vomiting, diarrhea, dehydration, seizures, psychosis or even death. During this time of early recovery, some people find increased emotional support and professional counselling to be beneficial, while others may require medical assistance or even hospitalization.

It is important to remember that the process of withdrawal is the first step to achieving and maintaining longer-term recover and that help is available.

