

'Low Down' on 'Down There' Group Support



A sexual health information session for cancer patients having vaginal changes.

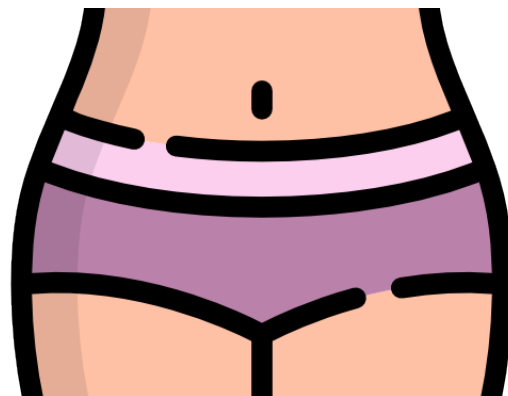
Are you having:

Vaginal dryness or pain?

Loss of sexual interest?

Questions about vaginal health?

Learn how to prevent or manage common changes from cancer treatment.



We will cover information and tips for managing vaginal dryness, vaginal tightness, pain with penetration and decreased libido (desire for sex).

Who: This group is designed for cancer patients with a vagina. We understand that everyone identifies their bodies and body parts in different ways and are including the names of body parts for clarity. We strive to provide an inclusive, supportive, and safe space for everyone.

Where: Online virtually, through Microsoft Teams

Session dates: 4th Tuesday of every month. Please call to register.

Time: 1:00 – 3:00 pm (2 hours)

How to register: Call Patient and Family Support Desk at 705-728-9090 x43520