

# Supportive & Anti-Nausea Medication Guide for Chemotherapy Patients




**Chemotherapy Name:**

**Chemotherapy Schedule:**

**Medications you will receive during your chemo visit:**

Chemo Regimen	Supportive Meds

**Medication instructions for nausea relief and prevention:**

<b>Ondansetron (Zofran®)</b> _____ mg <i>Yellow, oval</i> 	Day	1	2	3	4	5	6	7	8
	# of tablets								
<b>Dexamethasone (Decadron®)</b> <b>4mg</b> <i>White, 5-sided</i> 	Day	1	2	3	4	5	6	7	8
	# of tablets								
<b>Prochlorperazine</b> <b>10mg</b> <i>Orange, round</i> 	Take one tablet whenever you feel nauseated. You may repeat this dose every 4-6 hours.								

**If you have questions about your medications call the  
Cancer Symptom Support Telephone Service:**

**During the day: (705) 728 – 9090 ext. 79565.**

**Evenings, weekends and holidays: 1-877-681-3057.**

**Please visit [www.rvh.on.ca](http://www.rvh.on.ca) for the latest hours of operation.**

**Bring this sheet and your medications to your next chemotherapy treatment appointment.**