

### ***What should I bring?***

- Any questions or concerns
- List of all medications (prescribed, over the counter, supplements)
- Any research or information you might have come across and want to discuss

### ***Can I bring someone?***

You can come alone, with a partner, or with a friend.

### ***For more information***

Canadian Cancer Society—Sexuality and Cancer

[www.cancer.ca](http://www.cancer.ca)

American Cancer Society—Sexuality

[www.cancer.org](http://www.cancer.org)

Simcoe Muskoka  
Regional Cancer Program



Royal Victoria  
Regional Health Centre

A Cancer Care Ontario Partner

Simcoe Muskoka Regional Cancer Centre

201 Georgian Drive

Barrie, ON L4M 6M2

Phone: 705-728-9090 x43333

[www.rvh.on.ca](http://www.rvh.on.ca)

## **Sexual Health, Intimacy and Cancer (SHIC) Clinic**



### **In this booklet you will learn about:**

- How this clinic supports your sexuality both emotionally and physically
- What to expect from the clinic

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## ***What is the SHIC Clinic?***

The Sexual Health, Intimacy & Cancer (SHIC) Clinic is part of the Simcoe Muskoka Regional Cancer Program. Your sexual health is an important part of your overall health. Often cancer affects sexual health; the purpose of the Clinic is to address and support your sexual health concerns. The Clinic is for **any patient or partner** who has questions or concerns about their sexuality.

## ***Why is this Clinic for me?***

Cancer and its treatments may bring emotional and physical changes. This Clinic is for patients and/or their partners having difficulty adjusting to these changes; specifically focusing on how treatment is affecting their sexuality.

## ***How do I get an appointment?***

There are three ways to get an appointment:

- Ask someone on your Care Team to refer you
- Call 705-728-9090 ext 43520 for an appointment
- Visit the Patient and Family Support desk located on the second floor of the Cancer Centre (next to bloodwork area)

## ***Your appointments can be:***



In person\*



Online (via a computer or mobile phone with internet)

\*Due to the COVID-19 pandemic, in-person appointments are only available for certain types of patients and appointments. Please call 705-728-9090 x43520 to find the best option for you and your family while staying safe.

## ***What can I expect?***

**Professional support.** You will see a Social Worker, one-on-one, who specializes in sexual health. You may also see the SHIC Clinic Nurse Practitioner if needed.

**A 2-way conversation.** We will work with you to develop a personal care plan to support your sexual health needs.

**A team approach.** We can refer you to other healthcare professionals, if you need it.

**Private and confidential.** Rest easy knowing that the discussion stays within your Care Team.