



Meal Order and Delivery Programs – Simcoe Muskoka

Call the meal service program for details about their service. They may offer hot, chilled or frozen meals. Delivery days vary – some offer meals daily, others may be specific weekdays or monthly delivery.

Name	Contact Information	Service To
RVH Meals To Go (frozen entrees)	(705) 728 – 9090 Ext. 44428 mealstogo@rvh.on.ca	Barrie (pick up at RVH, no delivery)
Heart to Home Meals	1 (888) 444-0741 or (705) 888-3301 Website: www.hearttohomemeals.ca	Simcoe County, Grey County, Bruce County, Barrie, Orillia
Helping Hands Meals on Wheels, Orillia	(705) 325-7861 Ext. 230 Website: www.helpinghandsorillia.ca	Orillia, Township of Ramara, Severn, part of Oro-Medonte
Meals on Wheels, Bala	(705) 762-5876 Contact: Linda and Jack Email: balamus@muskoka.com	Between Bala and Torrance
Meals on Wheels, Huntsville	(705) 789-4922 Contact: Cliff	Huntsville and area within 9 km radius
Moose Deer Point First Nation	(705) 375-5209 Email: info@moosedeerpoint.com	Muskoka <i>* Certificate of Indian Status required</i>
Muskoka Seniors Home Assistance	(705) 789-6676 Email: mealsonwheels@muskokaseniors.org Website: www.muskokaseniors.org	Huntsville

Name	Contact Information	Service To
Red Cross (Meals on Wheels)	(705) 721-3313 Ext. 5207	Barrie, Innisfil, Angus, Wasaga Beach, Collingwood, Midland, Penetang
Home and Community Support Services of Grey Bruce - Meals on Wheels	1-800-267-3798	Grey Bruce (e.g. Thornbury, Meaford, Owen Sound, Flesherton, Markdale)
Wahta Mohawk First Nation	(705) 762-2354 Website: www.wahtamohawks.ca	Muskoka <i>* Certificate of Indian Status required</i>
With Open Arms	(705) 718-4224 Website: www.homemeals.ca	Barrie, Midhurst, Elmvale
Christian Island Guiding Lights Seniors Centre <i>* Meal Delivery Service is for ages 65 years and up</i>	(705) 247-2128	Christian Island



Have questions about what to eat when you have cancer?
 Our dietitians at the Simcoe Muskoka Regional Cancer Centre are also here to help!
 Call 705-728-9090 x43520 for an appointment.

DISCLAIMER: The Simcoe Muskoka Regional Cancer Centre designed this list to help patients find meal programs that best suit their needs. This is not a comprehensive list of meal programs in the area. Options may exist beyond what is included in this document.

The Simcoe Muskoka Regional Cancer Centre is not responsible for the quality of the information or services provided by other organizations mentioned in this booklet, nor do we endorse any particular vendor. We have done our best to make sure that the information provided is accurate and reliable but cannot guarantee that it is error-free or complete.