

Finished Treatment Instructions

For Patients Undergoing Radiation Therapy

What's next?

Your Radiation Oncologist will discuss your follow-up plan with you during your last weekly review appointment.

In the weeks after your last treatment, you may find this to be an emotionally difficult time. Some people are very excited to be finished, but others find it difficult for many reasons.

If you have any concerns about how you are feeling:

Call the Symptom Support Telephone Service (see the back of this pamphlet for details).

Make an appointment to see a social worker (call 705-728-9090 x43520 for an appointment).

Will I have side effects after my treatment is finished?

- Radiation continues to work, even after your treatments are finished.
- Most side effects of your radiation treatment will continue for 2 to 4 weeks after your last treatment.
- Some side effects actually peak after your treatments are finished, getting worse before they get better.
- Please refer to your *Radiation Therapy Symptom Management Guide* that was given to you before the start of your radiation treatments. It outlines more specific side effects to your case and how to manage them.

Follow-up care instructions

Please use this space to track the instructions provided by your Care Team.

Skin Care: _____

Medications: _____

Other: _____

If you are having side effects related to your cancer treatment, please contact:

Symptom Support Telephone Service



**During the day:
Cancer Centre Symptom Support
705-728-9090 x79565**



**Evenings, weekends and holidays:
Bayshore CAREchart 1-877-681-3057**

To cancel or change your appointment, please call 705-728-9090 x43333. Please visit www.rvh.on.ca for the latest information and hours of operation.