

Finished Treatment Instructions (Breast)

*For Patients Undergoing Radiation Therapy
to Their Breast or Chestwall*

What's next?

Your primary nurse will call you on the date below to see how you are doing and address any concerns.

Date: _____ AM / PM

Based on your phone conversation, your Primary Nurse may schedule you for a follow-up appointment.

Will I have side effects after my treatment is finished?

- Radiation continues to work, even after your treatments are finished.
- Most side effects of your radiation treatment will continue for 2 to 4 weeks after your last treatment.
- For most people, the skin reaction will get worse before it gets better. Usually the side effects peak at 10-14 days after your last treatment.
- Please refer to the *Radiation Therapy Symptom Management Guide* that was given to you before the start of your radiation treatments. It outlines more specific side effects to your case and how to manage them.

Follow-up care instructions

Lubriderm® (unscented, lanolin free) or Glaxal Base®

Saline Compresses: _____

Medications: _____

Other: _____

If you are having side effects related to your cancer treatment, please contact:

Symptom Support Telephone Service



During the day:
Cancer Centre Symptom Support
705-728-9090 x43333



Evenings, weekends and holidays:
CAREchart 1-877-681-3057

Please visit www.rvh.on.ca for the latest information and hours of operation.