

Finished Treatment Instructions (Breast)

*For Patients Undergoing Radiation Therapy
to Their Breast or Chestwall*

What's next?

Your primary nurse will call you on the date below to see how you are doing and address any concerns.

Date: _____ AM / PM

Based on your phone conversation, your Primary Nurse may schedule you for a follow-up appointment.

Will I have side effects after my treatment is finished?

- Radiation continues to work, even after your treatments are finished.
- Most side effects of your radiation treatment will continue for 2 to 4 weeks after your last treatment.
- For most people, the skin reaction will get worse before it gets better. Usually the side effects peak at 10-14 days after your last treatment.
- Please refer to the *Radiation Therapy Symptom Management Guide* that was given to you before the start of your radiation treatments. It outlines more specific side effects to your case and how to manage them.

Continued on back page

Follow-up care instructions

Lubriderm® (unscented, lanolin free) or Glaxal Base®

Saline Compresses: _____

Medications: _____

Other: _____

If you are having side effects related to your cancer treatment, please contact:



Symptom Support Telephone Service



During the day:

Monday – Friday from 8:00 am – 3:30 pm

**Cancer Centre Symptom Support
705-728-9090 x79565**



Evenings, weekends and holidays:

Monday – Friday from 5:00 pm – 8:00 am;
weekends and holidays 24 hours.

Bayshore CAREpath 1-877-681-3057

To cancel or change your appointment, please call
705-728-9090 x43333

Monday – Friday from 8:00 am – 4:00 pm.