

CT Simulation and Treatment Preparation

for Patients Undergoing Pelvic Radiation

For your CT simulation and your radiation treatments you will need to have a
FULL BLADDER and EMPTY RECTUM.

This is done to:

- Improve the accuracy of the treatment
- Minimize the dose of radiation given to the bladder and small bowels. This will help reduce side effects to these organs.

Preparation:

1. If possible, try to have a bowel movement before coming for your appointment.
2. 1 hour before your appointment, empty your bladder and then immediately drink 2 cups (500mL) of water.

This preparation is **needed** for your CT simulation appointment and **ALL** of your **radiation treatment appointments.**

See back for contact information...

Help is a Phone Call Away

If you are having side effects related to your cancer treatment, please contact:



Symptom Support Telephone Service



During the day:

Monday – Friday from 8:00 am – 3:30 pm

Cancer Centre Symptom Support
705-728-9090 x79565



Evenings, weekends and holidays:

Monday – Friday from 5:00 pm – 8:00 am;
weekends and holidays 24 hours.

Bayshore CAREpath 1-877-681-3057

To cancel or change your appointment, please call
705-728-9090 x43333, Monday – Friday from 8:00 am –
4:00 pm.

Simcoe Muskoka
Regional Cancer Program



Royal Victoria
Regional Health Centre

A Cancer Care Ontario Partner

Royal Victoria Regional Health Centre
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