

CT Simulation and Treatment Preparation

for Patients Undergoing Pelvic Radiation

For your CT simulation and your radiation treatments you will need to have a **FULL BLADDER and EMPTY RECTUM.**

This is done to:

- Improve the accuracy of the treatment
- Minimize the dose of radiation given to the bladder and small bowels. This will help reduce side effects to these organs.

Preparation:

1. If possible, try to have a bowel movement before coming for your appointment.
2. 1 hour before your appointment, empty your bladder and then immediately drink 2 cups (500mL) of water.

This preparation is **needed** for your CT simulation appointment and **ALL** of your **radiation treatment appointments.**

See back for contact information...

Help is a Phone Call Away

If you are having side effects related to your cancer treatment, please contact:

Symptom Support Telephone Service



**During the day:
Cancer Centre Symptom Support
705-728-9090 x79565**



**Evenings, weekends and holidays:
Bayshore CAREchart 1-877-681-3057**

To cancel or change your appointment, please call 705-728-9090 x43333.

Please visit www.rvh.on.ca for the latest information and hours of operation.



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