

CT Simulation and Treatment Preparation

for Patients Undergoing Pelvic Radiation

For your CT simulation and your radiation treatments
you will need to have a
FULL BLADDER and EMPTY RECTUM.

This is done to:

- Improve the accuracy of the treatment.
- Minimize the dose of radiation given to the bladder and small bowels. This will help reduce side effects to these organs.

Preparation:

1. If possible, try to have a bowel movement before coming for your appointment.
2. 1 hour before your appointment, empty your bladder and then immediately drink 2 cups (500mL) of water.
3. If possible, do not empty your bladder until after your treatment is complete.

This preparation is **needed** for your CT simulation appointment and **ALL** of your **radiation treatment appointments.**

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