

Phone: 705-797-3095

Toll Free: 1-833-797-3095

Fax: 705-726-3833

**RAAM (Rapid Access Addiction Medicine) is a North Simcoe Muskoka service offering medication assisted treatment for alcohol, opioid and benzodiazepine use disorders. This Clinic will share care with the individuals Family Physician and the RAAM Physician and/or Nurse Practitioner.
(This is not a pain clinic and opioid prescriptions for pain will not be provided).**

Referred By: _____

Date of Referral: _____

Office Phone Number: _____

Office Fax Number: _____

Patient Information:

Name: _____

Date of Birth: _____

Health Card Number: _____

Phone Number: _____

Address: _____

(can messages be left?)

Referral discussed with individual? Yes No

Reason for Referral:

Substances of concern:

- | | |
|---|---|
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Opioids |
| <input type="checkbox"/> Amphetamines | <input type="checkbox"/> Sedatives and hypnotics (e.g. benzodiazepines) |
| <input type="checkbox"/> Cannabis | <input type="checkbox"/> Cocaine |
| <input type="checkbox"/> Hallucinogens | <input type="checkbox"/> Nicotine |
| <input type="checkbox"/> Designer drugs | <input type="checkbox"/> Misuse of prescription medications |
| <input type="checkbox"/> Other: _____ | |

Treatment initiated (if any): Suboxone® _____ mg Other: _____

Methadone _____ mg

Relevant Psychiatric / Medical History / Medications: _____ Allergies: _____

****Consider prescribing take home Naloxone****

Signature/Status

Date (dd/mm/yyyy)

Please provide patient with RAAM clinic handout/brochure



Patient Handout

What do I do next?

You have been referred to the RAAM Clinic. It is for individuals looking for help with their substance use (alcohol and/or other drugs). You are welcome to walk into the clinic during the hours they are open to talk to a Counsellor and/or physician about the kind of help you are looking for. You can also call to make an appointment or ask questions at 705-797-3095. If we don't hear from you within 2 days from this referral, a member of our team will contact you to see if you still need support.

The staff and physicians at the RAAM clinic have experience treating people who are struggling with their substance use and know how difficult it is to ask for help.

Where are the RAAM Clinics?

There are four RAAM Clinics in the region:

- Barrie – 70 Wellington St W on the lower level of the building (located in the Addiction Services building)
- Orillia – 169 Front St S first floor (located in the Common Roof building)
- Midland – 287 Bayshore Dr 2nd floor (located in the Chigamik Community Health Centre)
- Wasaga Beach – 14 Ramblewood Dr Unit 202 (located in the South Georgian Bay Community Health Centre)

We will also have the ability to schedule appointments through the Ontario Telemedicine Network (OTN) for those that cannot attend one of these clinics in person.

If you are feeling nervous or hesitant about going to the clinic, feel free to bring along a supportive friend or family member. You are welcome to come to the clinic even if you are not sure that you have a substance use problem or if you know you have a problem but you are not ready to stop yet.

Why Addictions Medicine?

A substance use disorder is a medical diagnosis for problematic drug/alcohol use (using more than intended, spending a lot of time getting and using substances) that results in negative life consequences (problems at home, work or health, spending less time on things you enjoy, etc.). Depending on how you use these substances and the consequences, the doctor may diagnose you with this disorder. Substance use disorders are treatable conditions and with help, people can and do recover.

There are many effective medications that can be offered for treatment of substance use, withdrawal, and craving. These medications may relieve these symptoms and then allow you to focus on establishing a healthy lifestyle. The RAAM clinic doctor or nurse practitioner may refer you to counseling as part of your treatment. Treatment and/or referrals may also be offered as necessary for any co-occurring mental illness that you may have.

What about my Family Doctor?

Your family doctor is central in your overall healthcare. The RAAM Clinic will work closely with you and your family doctor to support you and treat your substance use disorder.

If you do not have a family doctor, we strongly advise you to get one. You can find help at www.nsmhealthline.ca or by calling **Healthcare Connect Ontario at 1-800-445- 1822**.

Please give this handout to the patient before they leave your office or department.

