



Royal Victoria
Regional Health Centre

**Outpatient Cardiac Diagnostics
and EEG Requisition**

201 Georgian Drive, Barrie, Ontario
Phone: 705-739-5604
Fax: 705-739-5651

Preferred Site:
 BARRIE - 201 Georgian Drive INNISFIL - 7325 Yonge Street, Suite 1600

Patient Information

Patient Name _____ Address _____
DOB (dd/mm/yy) _____
Health card number _____ Postal Code _____

List the patient's preferred number. Use the tick boxes to indicate if the patient consents to be called at that number and/or if messages relating to his/her care & appointments can be left at that number:
Home: Call can leave a message on voicemail can leave a message with a person
Cell/Other: Call can leave a message on voicemail can leave a message with a person

Cardiac Diagnostics

Procedure	Date	Time
<input type="checkbox"/> Holter Monitor <input type="checkbox"/> 24 hr <input type="checkbox"/> 48 hr <input type="checkbox"/> 72hrs <input type="checkbox"/> 7 day <input type="checkbox"/> 14 day		
Indication for Holter Monitor:		
<input type="checkbox"/> ECG – 12 Lead		
Indication for ECG:		
<input type="checkbox"/> Exercise Stress Test *Barrie only		
Indication for Exercise Stress:		
<input type="checkbox"/> If results are abnormal, book patient for cardiac MD consultation.		

EEG *Barrie only

Procedure	Date	Time
<input type="checkbox"/> Routine		
<input type="checkbox"/> With sleep deprivation		
Indication and Relevant Clinical History:		

It is your responsibility to advise the patient of their appointment time.

Referring MD	Family MD:	Physician Signature:
Telephone Number:	Fax Number:	Billing #





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Patient Instructions

Barrie

1. Please register at the second floor Atrium Lobby Central Outpatient Registration before going to the Cardio-Respiratory Department.
2. Patients are expected to arrive 15 minutes prior to scheduled appointment time. Late patients may have to be rescheduled

Innisfil

1. Please go to suite 1600 at the Rizzardo Health and Wellness Centre, and then register at the self-registration kiosk.
2. Patients are expected to arrive 15 minutes prior to scheduled appointment time. Late patients may have to be rescheduled

Holter Monitor (30 minutes)	Wear a two-piece outfit. No baths or showers are allowed during the recording period. You must return the Holter Monitor to the hospital the next day when the recording is complete and drop them off in a drop box, located either outside cardio-respiratory department on level 1 or between the sliding doors at the Atrium entrance Level 2.
ECG	No special preparation required.
Exercise Stress Testing (45 minutes)	No caffeine 4 hours prior to test, very light meal only, wear comfortable clothing and shoes for exercising. Please check with your physician about taking your medications before the test.
EEG (60 Minutes)	Hair must be clean with no hair spray or mousse prior to testing. One hour less sleep night prior, and follow your usual routine for meals and medication.
EEG Sleep Deprivation (60 minutes)	Hair must be clean with no hair spray or mousse prior to testing. Over 7 years of age, no sleep for 24 hours prior to test. Under 7 years of age, no sleep after midnight. No caffeine products after midnight.

