

## What is a stroke or TIA?

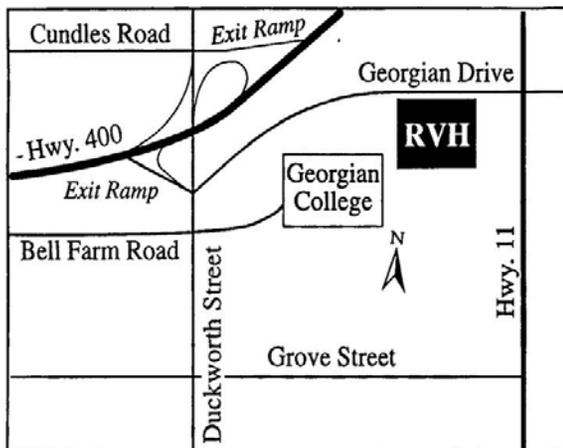
- A stroke is a sudden loss of brain function caused by the interruption of the flow of blood, or a ruptured blood vessel to the brain
- TIA is short for Transient Ischemic Attack. A TIA is a brief shortage of oxygen to the brain, and is sometimes referred to as a “mini stroke”

## How do I get to the Stroke Prevention Clinic?

Use the Atrium outpatient entrance on the 2nd level.

Register at Central Registration to the right of entrance.

The Clinic is located in the **Medicine Treatment Clinics. Level 1NA**



## LEARN THE SIGNS OF STROKE

**F**ACE is it drooping?

**A**RMS can you raise both?

**S**PEECH is it slurred or jumbled?

**T**IME to call 9-1-1 right away.

ACT **FAST** BECAUSE THE QUICKER YOU ACT,  
THE MORE OF THE PERSON YOU SAVE.

© Heart and Stroke Foundation of Canada, 2014



Learn more at  
[heartandstroke.ca/FAST](http://heartandstroke.ca/FAST)

If you experience any of  
these symptoms, call 911  
immediately



# Stroke Prevention Clinic

Information for Patients  
and Families

Royal Victoria Regional Health  
Centre  
201 Georgian Drive  
Barrie, Ontario  
L4M 6M2

705-728-9090 x 23300





## Who should come to the stroke prevention clinic?

- Patients who have had a TIA or a mild, non-disabling stroke that does not require hospitalization
- Your family doctor, or the doctor you saw in the emergency department will have sent a referral to the clinic

## What can the clinic offer me?

The stroke clinic may provide:

- Prevention services and counseling
- Diagnostic testing
- Risk factor assessment
- Treatment plan

## How will I be notified of my appointment?

After you have been referred, the clinic will contact you within 2 to 3 business days with your appointment date and time. If you have any questions, please call (705) 728-9090 ext. 23300



## Will I need any tests before coming to the clinic?

Your family doctor or the doctor who saw you in the emergency department will send the clinic copies of any tests that you may have had done

## Who will I see at the clinic?

You may meet the following Stroke Prevention Clinic Staff:

- Doctor who specializes in stroke
- Registered Nurse
- Registration Clerk
- You may be referred to other members of the healthcare team depending on your individual needs

## What will happen at my visit?

- Your visit may include a neurological assessment, a detailed past medical and surgical history, blood pressure check, height and weight, and medical reconciliation
- 



## How should I prepare for my visit?

- Have all your regular meals and take all of your regular medications the day of your appointment
  - Bring your health card
  - **Please bring all of your medications in their containers from the Pharmacy including vitamins, minerals, herbal supplements, eye drops and inhalers to your appointment**
  - Plan to be in the clinic for about 1-2 hours for your initial visit
  - We encourage you to bring one person with you to your appointment such as a spouse, family member or friend if possible
  - The clinic is wheelchair accessible. There are also wheelchairs available for your use during your visit
  - Please contact the clinic 48 hours prior to your appointment if you cannot attend
- 