

## Rehabilitation Day Program Hours of Operation:

- Tuesday 8:30-4:00
- Wednesday 8:30-12:15
- Friday 8:30-4:00
- 45 minute treatment sessions
- Sessions may be individual or in group format
- Individual schedules and treatment plans will be determined following assessment

### Program Goals:

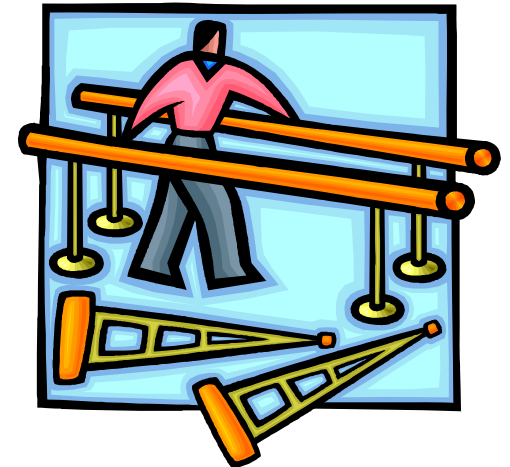
To provide comprehensive interprofessional out-patient services to clients and their families to maximize function and quality of life within the home and community settings.



Royal Victoria Regional  
Health Centre  
201 Georgian Drive  
Barrie, ON  
L4M 6M2



# Rehabilitation Day Program



Phone: 705-728-9090  
Extension 47347  
Fax: 705-739-5688  
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## Welcome to the Rehabilitation Day Program

The Rehabilitation Day Program is an out-patient program designed to enhance independence and quality of life for people who require at least 2 services of our interdisciplinary team of therapists. Our program provides services to people with:

- New Stroke – Referral within 3 months of event occurrence.
- Limb amputation—subacute

### Our Team Includes:

- Occupational Therapist (OT)
- Physiotherapist (PT)
- Registered Nurse (RN)
- Rehabilitation Assistants (RA)
- Social Worker (SW)
- Speech Language Pathologist (SLP)
- Communication Disorders Assistant (CDA)

## Admission Criteria

In order to become a client you must:

- be over 18 and referred by a physician;
- be medically stable and living in the community;
- demonstrate potential for improvement with therapy;
- have goals which are achievable within a 3 month treatment period;
- be able to tolerate up to 3 hours of individual and/or group based interventions;
- require services from at least 2 disciplines;
- live within RVH's service area;
- have transportation to and from the program;
- attend a minimum of once per week;
- demonstrate regular attendance and participation; and
- be willing to participate in a home program.

## Therapeutic Goals

As a client of the Rehabilitation Day Program, **your** goals are central to your treatment plan.

We aim to:

- improve physical, mental and emotional wellness;
- address concerns relating to cognition, perception, communication, swallowing, balance, strength, mobility & nutrition;
- provide education and support to clients and family members;
- enhance coping skills;
- promote independence; and
- facilitate access to community based programs.

