RADIATION THERAPY

CT Simulation and Treatment Preparation

for Patients Undergoing Pelvic Radiation

For your CT simulation and your radiation treatments you will need to have a FULL BLADDER and EMPTY RECTUM.

This is done to:

- Improve the accuracy of the treatment
- Minimize the dose of radiation given to the bladder and small bowels. This will help reduce side effects to these organs.

Preparation:

1. If possible, try to have a bowel movement before coming for your appointment.
2. 1 hour before your appointment, empty your bladder and then immediately drink 2 cups (500mL) of water.

This preparation is needed for your CT simulation appointment and ALL of your radiation treatment appointments.

Simcoe Muskoka Regional Cancer Program
705-728-9090 x43333  www.rvh.on.ca

RVH-3418  Last updated December 2017

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