



HERE WE GROW AGAIN!

THE TEAM

Garth Matheson
Regional
Vice President

Dr. Bryn Pressnail
Clinical Program
Director and
Clinical Staging
Lead

Tracey Keighley-Clarke
Program Director,
Simcoe Muskoka
Regional Cancer
Program

Dr. Juhu Kamra
Head, Radiation
Treatment
Program

Dr. Michael Anderson
Surgical Oncology
Lead & Chair
Multidisciplinary
Cancer
Conferences

Dr. John Nadeau
Regional Cancer
Imaging Lead

Dr. Jim Shaver
Regional Palliative
Care Lead

Dr. Russell Price
Regional Cancer
Pathology Lead

Dr. Danusia Gzik
Regional Primary
Care Lead

Carole Beals
Regional Outreach
Co-ordinator

Lesley MacInnis
Regional
Education
Lead

It is with great pleasure that we introduce Dr. Mo Rassouli-Rashti and Dr. Sara Rask as the newest members of the Regional Cancer Program team effective May 31st and July 1st, 2011 respectively. The addition of these two new physicians round out the Regional Cancer Program team to six full time Medical Oncologists.



Mohammed Rashti-Rassouli M.D., PhD, F.R.C.P.(C) Medical Oncologist

Dr. Rassouli-Rashti graduated from the University of Toronto with a Medical Doctorate and completed his Specialty Training in Internal Medicine at McGill University in Montreal and a Sub-specialty in Medical Oncology at McMaster University in Hamilton, Ontario. Dr. Rassouli-Rashti is fluent in English and Persian (Farsi) and will focus clinically on gastro-intestinal and lung cancers.



Sara Rask, M.D.,F.R.C.P.(C) Medical Oncologist

Dr. Rask graduated from the University of Western Ontario with a Medical Doctorate and completed her post graduate training in Internal Medicine and her Fellowship Training in Medical Oncology at McMaster University in Hamilton, Ontario. Dr. Rask was born in and raised in Midhurst, Ontario. With a clinical focus on breast cancer, Dr. Rask will fill a much needed role in Simcoe Muskoka Regional Cancer Center. Dr. Rask recently moved back to the region with her husband and two children.

Over the next few months, patients will be realigned to physicians and appointment times will be adjusted to improve patient flow in the department. This plan includes aligning patients by their diagnosis to specific physicians who have identified a targeted clinical focus.

Please join us as we welcome, both Dr. Rassouli-Rashti and Dr. Rask to the team. With their efforts we will continue to strive toward delivering exceptional cancer care, close to home for the residents of Simcoe Muskoka.

SIMCOE MUSKOKA REGIONAL CANCER PROGRAM 5TH ANNUAL STAKEHOLDER ENGAGEMENT DAY



Tracey Keighley-Clarke, Program Director, Dr. Juhu Kamra, Head, Radiation Treatment Program, Garth Matheson, Regional Vice-President, Dr. Michael Sherar, President & CEO Cancer Care Ontario, Dr. Bryn Pressnail, Clinical Program Director and Clinical Staging Lead

This year's stakeholder engagement day was a great success with lots of representation from our regional community partners. Garth Matheson started off the day with a Regional Cancer Program Update, followed by Dr. Michael Sherar, President and CEO of Cancer Care Ontario who presented the Ontario Cancer Plan III. Dr. Bryn Pressnail, Regional Cancer Program Clinical Director, finished off the morning session with a fun and interactive game of Cancer System Quality Index (CSQI) Jeopardy.

Lunchtime began with an thought provoking video entitled "Dear 16 Year Old Me..." to view visit <http://www.youtube.com/watch?v=4jgUcxMezM>

The afternoon session was dedicated to exploring how to improve the cancer patient's experience. Through the Canadian Partnership Against Cancer (CPAC) video series "The Truth of It".

A panel of experts used real, unscripted patient experience videos to reflect on cancer experiences, identifying opportunities and gaps within the current system. The interdisciplinary panel included patients and practitioners and was facilitated by Kristen Dawson, Program Director of Gilda's Club of Barrie. Patient stories can help improve cancer care, and in this video series, a diverse group of people reflect on their cancer experiences. To watch these interviews please visit: <http://www.cancerview.ca/thetruthofit>.



UPDATES IN ONCOLOGY 2011 CONFERENCE



On Monday, May 16th, the Simcoe Muskoka Regional Cancer Program hosted another successful annual "Updates in Oncology" conference at Georgian College.

The multidisciplinary audience consisted of over 110 attendees from both acute care and community-based settings across the region. Palliative care was the focus of the day with acclaimed experts presenting a wide range of topics including how to give bad news well; involving children at the end of life; compassion fatigue; and several other highly regarded sessions. Participants expressed their satisfaction of the day in the evaluations, which will be used as a guide in planning the 2012 Conference. Stay tuned for more details on next year's agenda!

WHAT'S NEW?

CCO BOARD MEETING AT RVH

RVH was pleased to welcome the Cancer Care Ontario Board of Directors on May 23rd and to host their Board Meeting.

Their visit included a tour of the new Simcoe Muskoka Regional Cancer Centre site and they extended their congratulations to all for this exciting addition to our region.

CERVICAL CANCER AWARENESS WEEK: October 23-29, 2011

The Simcoe Muskoka Regional Cancer Program is a supporter of the Federation of Medical Women of Canada's annual Pap Test Campaign. Care providers are encouraged to register their Pap Clinic by **September 1** at www.FMWC.ca



UPCOMING EVENTS

Summer Education Series - CCO's Symptom Management Guidelines

Sessions can be attended in-person at RVH, accessed via OTN through your Telemedicine Co-ordinator, or viewed through a live or archived webinar at: <http://webcast.otn.ca>.

- June 30** - Anxiety & Depression
 - July 14** - Nausea & Vomiting
 - July 28** - Pain
 - August 11** - Dyspnea
 - August 25** - Delirium
- For more info, e-mail: macinnisl@rvh.on.ca

Oncology Grand Rounds

Monday, August 15
1600-1700

Stereotactic Radiosurgery for Brain & Spinal Metastases'

Dr. Arjun Sahgal,
Radiation Oncologist,
Sunnybrook Health Sciences Centre

RVH, 3rd Floor Auditorium and via OTN
RSVP to:
kolinkok@rvh.on.ca

Résumé Writing for Nurses Workshop

Thurs. September 1
0830-1600

Royal Victoria Hospital,
3rd Floor Auditorium

To register for this free workshop, please e-mail: onment@mcmaster.ca

2011 Toronto Cancer Educational Conference and Medical Exposition

October 24—25, 2011

Metro Toronto Convention Centre

For more information go to the website: www.TorontoCancer.ca

SMOKERS HELPLINE FAX REFERRAL PROGRAM IMPLEMENTATION



CONNECT TO QUIT
smokershelpline.ca
1 877 513-5333

The Canadian Cancer Society's Smokers Help Line (SHL) is a free, confidential service that provides personalized support and advice, as well as information about quitting smoking and tobacco use, and has been shown to increase a smoker's chances of quitting. The SHL Fax Referral Program provides a seamless integration between the effective cessation services of SHL and health professionals who identify and refer clients who smoke or want to remain smoke-free.

Early detection of cancer and improved treatment modalities have increased survival rates, which in turn, has transformed cancer from a fatal diagnosis to a chronic disease. Tobacco cessation has significant benefit to chronic disease management, treatment outcomes, and overall health and well-being. In April 2011, the Simcoe Muskoka Regional Cancer Program implemented the SHL Fax Referral Program as a complement to its comprehensive smoking cessation strategy, encompassing community partnerships, staff education, and patient supports. Several staff have also been identified as Smoking Cessation Champions and are working with fellow colleagues to offer patients the necessary assistance.

The Simcoe Muskoka Regional Cancer Program remains committed to advocating for the prevention of tobacco use supporting individuals in their smoking cessation efforts. If you have any questions on the program, please e-mail Lesley MacInnis, macinnisl@rvh.on.ca

FIRST MEDICAL EQUIPMENT ARRIVES FOR THE SIMCOE MUSKOKA REGIONAL CANCER CENTRE



The Simcoe Muskoka Regional Cancer Centre (SMRCC) recently welcomed eight new members to the medical physics team and received three linear accelerators (LINAC) used for the delivery of radiation therapy.

Installation and testing of the equipment will occur over the next six months-prior to the initiation of clinical use in early 2012.

Pictured here, the Physics team pose near one of three Linear Accelerators being installed.

From left: Rob Tzaczyk (Physics Associate), Muoi Tran (Physicist), Kyle Malkoske (Physicist), Ian Kay (Physicist), Jonathan Wilson (Physics Associate), and Harvey Emberly (Electronics Technologist). Missing from the photo are Kathy Mah, acting Head of Physics and Peter O'Brien, Physics Consultant.

A CANADIAN FIRST! NEW CHEMOTHERAPY ROBOT INSTALLED AT RVH

Cancer patients throughout Simcoe Muskoka will soon benefit from increased patient safety and quality as Royal Victoria Hospital (RVH) brings state-of-the-art robotic technology to its Simcoe Muskoka Regional Cancer Centre.



RVH is the first hospital in the country to install the Robotic Intravenous Automation System, better known as RIVA. The system will be used for the preparation of chemotherapy medication and is currently being

installed in the satellite pharmacy located in the Simcoe Muskoka Regional Cancer Centre.

Installation and preliminary testing will continue for the remainder of July, allowing time for staff training and final testing prior to the opening of the cancer centre in early 2012.

ONCOLOGY NURSING MENTORSHIP



A de Souza Nurse designation is an official recognition of advanced oncology nursing knowledge and skills.

Benefits

- Recognition
- Building evidence-based practice
- Expanding skills and knowledge
- Becoming a highly regarded healthcare professional

Cancer Care Ontario's goal is to have 40% of nurses who work in a chemotherapy suite de Souza certified by April 1, 2012. With 42 nurses in the North Simcoe Muskoka region completing the standardized chemotherapy and biotherapy course, we are well on our way to surpassing this goal.

For more information on deSouza please visit <http://www.desouzanurse.ca>

EIGHT MORE CNA CERTIFIED NURSES IN SIMCOE MUSKOKA REGION



Congratulations to the following nurses who recently passed the Canadian Nurses Association (CNA) Oncology certification exam in April 2011:
Cindy Griffin, Cindy Barrett, Kelly Bertram, Kelly Cahill, Trish MacIsaac, Andria Wilson, Claire MacDonald and Connie Johnstone (Hospice Palliative Care)

These nurses met rigorous clinical and educational requirements to achieve this "expert credential". We are proud to say that over 80 Nurses in our region have achieved certification in either Hospice Palliative Care and/or Oncology Care.