



Royal Victoria
Regional Health Centre



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SIMCOE MUSKOKA REGIONAL CANCER PROGRAM e-newsletter

Message From the RVP



It began with a dream ... and now it's a reality!

I am honoured and thrilled to bring you up-to-date on the opening of the new Simcoe Muskoka Regional Cancer Centre (SMRCC). As you know, the Royal Victoria Regional Health Centre is undergoing a \$450M capital expansion which will double the size of the current hospital and includes our 75,000 square foot Regional Cancer Centre. Located on the North East side of the hospital campus and adjacent to the new main entrance, our comprehensive Cancer Centre will allow cancer patients in the region to get the care they need closer to home.

This Cancer Centre will be the new home for our Integrated Cancer Program bringing together programs in systemic therapy, radiation treatment, surgical oncology, preventive oncology and supportive care under one roof. The addition of state-of-the-art technologies, such as Canada's first Robotic Intravenous Automation System (RIVA) for preparation of chemotherapy treatments, is an example of how the health centre has been equipped to be as advanced, safe and efficient as possible.

The official opening of the Royal Victoria Regional Health Centre Phase 1 Expansion will be on May 17th at 2pm. Significant consideration has been put into selecting the fixtures, furnishings and features such as stone and wood accents which make the health centre a bright, soothing and healing environment for the patients we serve.

The Regional Cancer Program will move into its new space in a phased way, following the patient experience, with new patient referral moving first in late June and all the other services following in July and August. Here are some exciting details on the Regional Cancer Centre:

Outpatient Clinics

- The New Patient Referral Office will move to the new SMRCC and will commence activities as of June 25th.
- The first patient treatment day in new centre will be mid July.
- 20 exam rooms will be opening to support new patient visits, follow up visits and pre and post -chemotherapy appointments.
- Designated space has been made available for psychosocial oncology and will house its own registration area and counseling rooms.

Chemotherapy Suite

- First patient day in new centre will be mid July.
- The systemic therapy program currently includes 22 treatment chairs and supports 29,000 Total Systemic Clinic Visits.
- Will be expanding to 32 chairs approximately 6 months post move in.

Radiation Treatment

- First patient day in new centre will be mid July.
- CT simulation appointments will commence in the new centre on July 9th with the onset of 3 new linear accelerators.
- Several patients will receive their planning appointments here at the SMRCC and no longer need to travel to Toronto for these visits.

Oncology Inpatient & Palliative Unit

- First patient day in new centre will be August 17th.
- This unit includes: 2 wards (3 beds each), 4 semi-private rooms (2 beds each), 18 private rooms (which includes 2 isolation rooms).

Rotary House Cancer Lodge

Adjacent to RVH is Rotary Place, which is connected to the Cancer Centre by an underground tunnel to make the short walk more comfortable. Rotary House Cancer Lodge is a residential lodge for cancer patients who must travel to Barrie for their treatment and need a place to stay while being treated.

The reality is that in Ontario, one person is diagnosed with cancer every eight minutes. Over the next 10 years, our province will see a 40 per cent increase in the number of people living with cancer. Our new Regional Cancer Centre is poised to provide excellent, comprehensive, consistent and compassionate care for cancer patients and their families in Simcoe County, Parry Sound and the District of Muskoka.



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Events

Journey of a Lung Cancer Patient: Pearls for Primary Care

Thurs. May 24th, 2012

0830 - 1200

Barrie Golf & Country Club

FREE event for all primary care physicians and nurse practitioners. . Please email

DevecseriN@rvh.on.ca

for registration.

CANADIAN CANCER SOCIETY RELAY FOR LIFE

www.relayforlife.ca

Barrie Relay for Life

June 1–2, 2012

Mapleview Community Church

Alliston Relay for Life

June 8-9, 2012

8th Avenue Youth Centre

South Georgian Bay Relay for Life

June 15-16, 2012

Great Northern Exhibition Fair grounds

NSMPCN 2012

Wed. June 13, 2012

0815-1600

The North Simcoe Muskoka Palliative Care Network presents:

PRACTICAL ISSUES, PROVIDER SKILLS & BEST PRACTICE IN PALLIATIVE CARE

Bear Estate, Cranberry Resort, Collingwood, ON

Call: (705) 325-0505

or email: karen.kelly@palliativecarenetworksm.ca

SIMCOE MUSKOKA REGIONAL CANCER PROGRAM e-newsletter

Human Touch Award Presented To Dr. Bryn Pressnail



Dr. Bryn Pressnail, Clinical Director and Dr. Juhu Kamra, Head Radiation Treatment, Simcoe Muskoka Regional Cancer Program

One of Royal Victoria Regional Health Centre's (RVH) most dedicated and caring physicians was recognized for his outstanding work in cancer care and for his powerful passion for bringing cancer care closer to home. Dr. Bryn Pressnail, Clinical Director, Simcoe Muskoka Regional Cancer Program, was one of six Ontarians to receive a Cancer Care Ontario (CCO) Human Touch Award.

His commitment to ensuring people with cancer get the safest and best care possible led him to play a pivotal role in ensuring that the region's dream of having a cancer centre became a reality. On many occasions it was Dr. Pressnail's passionate plea for support, made on behalf of his

patients too ill to speak for themselves, that helped build our case for support. He has also worked closely with our partners across the region to develop high quality programs and services within the Simcoe Muskoka Regional Cancer Program. The Human Touch Award is given annually to caregivers who provide exceptional and compassionate patient care, demonstrate leadership in their area of work, engage patients, families and caregivers in decision making and help to improve patients' access to services. There is no doubt that Dr. Pressnail does all that and much more.

Dr. Pressnail was nominated for this award by his peers in the regional cancer program, which speaks volumes about the high regard in which he is held. However, no one knows better how deserving Dr. Pressnail is of a Human Touch Award than his patients. Let me share with you just one comment from a patient. *"He always made me feel like I was most important to him. When he speaks to me, he speaks directly to me and gives the same respect to my family. His compassion for me, and my desire to live, has helped me get through some very tough times."*

We are very fortunate to have a physician of Dr. Pressnail's skill, compassion and commitment to high quality, patient-centred care in our midst. On behalf of our Board of Directors, staff, physicians and volunteers – and most importantly, the patients entrusted to our care -- we congratulate Dr. Pressnail on this prestigious award.



Please join us for the inaugural Canadian Conference of Community Oncology (CCOCO) being held at the Blue Mountain Resort in Collingwood, Ontario, Sept. 6 -9, 2012.

The goal of this meeting is to bring community oncologists and haematologists (as well as residents, nurses, nurse practitioners and pharmacists with an interest in oncology) from across Canada together in an environment where

challenging cases can be discussed and best practices shared. The structure of the meeting is centered around educational segments dedicated to a particular tumour site. In each educational segment, there will be a keynote presentation on new data and recent developments followed by a series of interactive case and panel discussions with audience participation. Through interaction, participants will be engaged and leave with key take-away points that they can immediately apply directly to patient care.

Learn more and register at: http://www.islandeventsinc.ca/events/2012_mar26/



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RVH Gets the Keys to Rotary Place!



Rotary Place has officially been turned over to RVH for transitional occupancy! Named in recognition of a \$1.5 million commitment from

Rotary Clubs throughout the region, this stand-alone building, adjacent to the Simcoe Muskoka Regional Cancer Centre, is the location for Rotary House -- the lodge for cancer patients. This building also houses RVH's Family Medicine Teaching Unit, as well as RVH's non-clinical services such as Human Resources, Finance and Administration offices.

"Today we are thrilled to announce that RVH has officially been given the keys to Rotary Place and we can begin a gradual move-in to this 75,000 square foot building," says Janice Skot, RVH President and CEO. "Handover of this building is a significant milestone -- one of many to follow in the coming months. Not only does this allow RVH to expand the Family Medicine Teaching Unit and open a lodge for cancer patients, but it ensures we can free-up valuable clinical space in the existing health centre by relocating non-clinical departments to Rotary Place."

SMRCP New Telephone Menu



In January 2012, the program initiated a new phone menu for all callers dialing in to the centre allowing patients and their external care providers, family members and

caregivers to link in with hospital resources in a more direct manner.

Patients, family members and caregivers have been surveyed both pre and post-implementation of the new phone system to provide feedback.

Cheers to a new phone system that improves the timeliness of response and overall patient satisfaction while also making the best use of our cancer program resources!

It's Ours! RVH Gets the Keys to the Expansion



April 16, 2012. Royal Victoria Regional Health Centre's Phase 1 Expansion Project has achieved the most significant milestone to date, the building was officially 'turned over' to RVH allowing for a phased-in opening of the 400,000 square foot facility.

"This is a day that everyone at RVH, and the communities we serve, have been anxiously waiting for," says Janice Skot, RVH President and CEO. "Now that the building is truly ours, we can begin our carefully planned phased-in occupancy, and later this spring, we will start to see patients in the new facility."

"Thanks to the support of people from throughout the community. what started as a dream is now a reality," says Jon Babulic, Chair, RVH Board of Directors. "The provincial government recognized the need for enhanced access to care, and people and organizations from every corner of the region rallied their support."

An open house for the public is planned for May 17, from 6:30 p.m. – 9:00 p.m.

Oncology Nursing Day 2012 - Flash Mob



On Tuesday, April 3, 2012 communities across Canada celebrated national Oncology Nursing Day, a day to recognize the tremendous role played by oncology nurses in the lives of Canadians and their families living with a cancer diagnosis.



Oncology nurses all over Canada raised awareness by doing the same flash mob and dance to the same music at noon in public spaces of various cities around the country.

The theme for the 9th Annual Oncology Nursing Day was; Partners in Care: Advocating for Excellence. Oncology nurses advocate for patient and family centered care that reflect their unique

needs. They continue to take on socio-political roles by advocating for enhanced, safe, equitable and effective health care and cancer care systems.

In that light, the Flash Mob, followed by a moment of silence to think of the victims of cancer, was about coming together as nurses locally and nationally to generate momentum, excitement and share nursing experiences about the personally rewarding yet challenging work of cancer care delivery.

With over 25 oncology certified nurses, RVH's cancer program and nurses are leaders, and demonstrate and practice evidenced-based care as a foundation for excellence in nursing.



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Spotlight on Community Partner— Look Good Feel Better Find Support, Gain Confidence, Lift Spirits, Take Control



The Look Good Feel Better (LGFB) Program was created from the belief that if a woman with cancer can be helped to look good, chances are she'll feel better, her spirits will be lifted and she'll be empowered to face her illness with greater confidence.

The Look Good Feel Better Program offers a complimentary two hour hair and cosmetic workshop for women to help them with the appearance related effects of all cancers.

Together with other women experiencing the same challenges, these women are provided with empowering information and caring support.

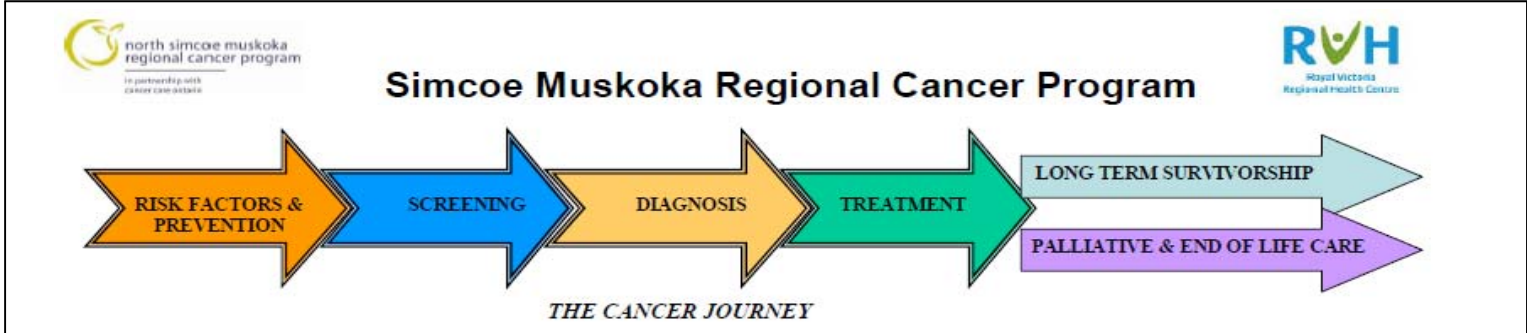
Each participant receives a complimentary kit of cosmetic and skin care products donated by members of the Canadian Cosmetic Toiletry and Fragrance Association.

This year represents the 20th anniversary of the LGFB program in Canada. Over 120,000 women have attended the workshops, where they learn tips and techniques by industry trained volunteers.

The LGFB workshops are held in Barrie twice a month in the Simcoe Muskoka Regional Cancer Centre at the Royal Victoria Regional Health Centre.

To register, patients should call: 705-728-9090 x 43309.

Simcoe Muskoka Regional Cancer Program Goals



2011-2015 ONTARIO CANCER PLAN STRATEGIC PRIORITIES

Develop and implement a focused approach to cancer risk reduction	Implement integrated cancer screening	Continue to improve patient outcomes through accessible, safe, high quality care	Expand our efforts in personalized medicine	Develop and implement innovative models of care delivery	Continue to assess and improve the patient experience
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2011-2015 SIMCOE MUSKOKA REGIONAL CANCER PROGRAM GOALS

<p>EXPAND SMOKING CESSATION INITIATIVES IN PARTNERSHIP WITH SMDHU AND RVH</p> <p>INCREASE COMMUNITY OUTREACH ACTIVITIES THROUGH EXPANDED PREVENTION, SCREENING AND EDUCATION PGAL.</p>	<p>INCREASE REGIONAL SCREENING RATES</p> <p>EXPAND OBSP AFFILIATES SITES IN LHN</p> <p>IMPLEMENT HIGH RISK BREAST ASSESSMENT PROGRAM</p> <p>DEVELOP LHN INTEGRATED CANCER SCREENING INITIATIVES</p>	<p>OPERATIONALIZE THE NEW SIMCOE MUSKOKA REGIONAL CANCER CENTRE</p> <p>SECURE ADDITIONAL APP POSITIONS FOR MEDICAL AND RADIATION ONCOLOGY</p> <p>DEVELOP GYNECOLOGY ONCOLOGY INTAKE CLINIC</p> <p>EXPAND REGIONAL OUTREACH & DIAGNOSTIC ASSESSMENT CLINICS</p>	<p>DEVELOP REGIONAL GENETICS OUTREACH MODEL IN PARTNERSHIP WITH OSMH</p> <p>EXPAND CLINICAL TRIALS OPPORTUNITIES FOCUSED ON PERSONALIZED MEDICINE</p>	<p>PILOT A CHEMOTHERAPY NURSE NAVIGATOR ROLE</p> <p>EXPLORE NURSE LED WELL FOLLOW-UP CLINIC</p> <p>EXPAND USE OF APN AND GPO'S</p>	<p>OPEN ROTARY HOUSE CANCER LODGE</p> <p>IMPLEMENT CCO PSYCHOSOCIAL ONCOLOGY FRAMEWORK</p> <p>DEVELOP A PATIENT AND FAMILY ADVISORY COUNCIL</p> <p>PILOT PALLIATIVE CARE CLINIC</p> <p>ENHANCE PALLIATIVE CARE DELIVERY THROUGH CLINICAL MENTORSHIP</p>
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