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RVH nurse wins nursing hero award

Royal Victoria Regional Health Centre (RVH) is pleased to announce Corinne Nesbitt, Director of Clinical Operations, and a seasoned Registered Nurse (RN), has been named the third-place winner in the *Hospital News – Nursing Hero Competition*.

Nesbitt was awarded the honour from the national healthcare newspaper because of a heroic act she performed while watching her son tryout for a hockey team. After an accident on the ice, she jumped into action and saved 16-year-old Austin Grawbarger's life.

Austin had collided with an opposing player when his own skate came up and sliced his wrist. In seconds the ice was covered in blood. Nesbitt left the stands and ran to the player. She grabbed his arm and pinched the artery with her fingers. She was told after the incident that Austin was hemorrhaging so fast that he would have bled to death in less than a minute had she not helped.

The Grawbargers shared their story with *Hospital News* and nominated Corinne for a Nursing Hero award.

"We based our decision on Corinne's heroic response to an emergency and her 'once a nurse, always a nurse,' attitude. It's also really nice to get nominations from patients and their families who are inspired to make that extra effort to recognize a job well done," says Julie Abelsohn, Acting Editor for *Hospital News*.

Like a true hero, Corinne says she is humbled and a little embarrassed by the award because she was just doing what she has been trained to do.

"I am so honoured to be recognized for something that really was just automatic. I reacted based on my Operating Room training. It's what so many other nurses do on a regular basis and I want to share and extend this recognition to all nurses who care for people in emergent situations outside of their regular work environment. A nurse is always a nurse -- it's not a job, it is a state of being," says Nesbitt.

Here is what the Grawbargers had to say about Corinne's win, "That's wonderful news Corinne came in third place in the Nursing Hero competition, but she will always be number one to us."

Nesbitt's story had previously been featured in an RVH booklet entitled *Inspiring care...celebrating our heroes*. Her story and her award will be featured in the May issue of *Hospital News* which is available in the Food Court at RVH or online at <http://www.hospitalnews.com/>

-30-

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