

Hand Hygiene is key to infection prevention

How to wash your hands:

- Apply alcohol based hand rub
or
- Wet hands with water
- Apply soap
- Rub hands together for 15 seconds
- Rinse hands well
- Dry hands with paper towel
- Turn off tap with used paper towel

Thank you for your help and cooperation

This fact sheet provides basic general information only and is to be used as a quick guide, not as a complete resource on the subject. If you have any further questions, ask your physician, local health unit or health care professional.

This information was obtained from the following source:

Provincial Infectious Disease Advisory Committee (November 2012). *Routine practices and additional precautions in healthcare facilities.*

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Additional Precautions



Patient/Visitor Information

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What are Additional Precautions?

Additional Precautions are put in place to ensure the safety and protection of the patients and their families against contacting or transmitting any infections or diseases.

Types of Additional Precautions include: Airborne, Contact, Enhanced or a combination such as Droplet/Contact or Airborne/Contact.

How will I know what Additional Precautions are in place?

The door to the room will be clearly marked by a brightly coloured sign. This sign will tell the hospital staff and visitors what precautions they need to take to ensure protection.

If you see a sign posted on a patient door go to the nursing station to get instruction on proper use of the personal protective equipment.

What are the types of Additional Precautions?

Contact (Yellow Sign) : This means when entering the room and coming into contact with the patient one must wear gloves and a fluid resistant gown.

Droplet/Contact (Green Sign): When entering the room, a fluid resistant mask and goggles must be worn in addition to the above mentioned precautions, when within 2 metres of the patient.

Airborne (Pink Sign): This means a N95 respirator is to be worn by staff when entering the room.

Visitors must wear a fluid resistant mask.



Wash hands frequently with soap and water

Important to Remember...

Before entering a room with a precaution sign on the door you must check with the nurse, they will provide you with instructions.

While visiting someone in the hospital please remember to screen yourself for symptoms. If you have a fever or chills and/or a new or worsening cough, vomiting or diarrhea please do not visit.

If you are asked by a nurse to wear Personal Protective Equipment (PPE) while present in the hospital or entering a patient room, please wear it correctly:

- * The mask must cover your nose and mouth
- * The gown must be free of holes and tied up at the back of the neck and around the waist.
- * The gloves must cover your hands to your wrists and be free of holes.
- * When leaving an isolated room: PPE must be removed by following door signs—usually dirtiest item first.