

**Do not bring these
items into patient
rooms:**

Medications


Please provide a list of any current medications. Alert the team of any allergies.

Personal medications are not kept in patient rooms.

Items of Use

Toiletries such as toothbrush, toothpaste, soap, hairbrush/comb.

**Cell phones are permitted in the Unit. Each room is equipped with television, phone and internet for a daily fee.*



**Please be advised:
RVH is a scent-free
environment!**

Guests in The ICU

We consider you a partner in the care of your loved one. Communication is important to us, we are here to work with you and support you in this difficult time.

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**Royal Victoria
Regional Health Centre**

**Intensive Care Unit
(ICU)**

Make each life better.

Together.

**Following the
philosophy we call
“My Care”**



Welcome to the Intensive Care Unit (ICU)

The ICU provides specialized care to patients experiencing a life threatening or potentially life threatening illness. Patients that require close observation due to severe injuries, illness or surgery may also be cared for here. This care is complex, intensive and continuous.

Patients and their families will be treated with courtesy, dignity and respect and staff will be responsive to unique circumstances and cultural needs.

We support Family Centered Care that recognizes the crucial role of families in the health and well being of the patient. The Intensive Care team members believe that it is important for families to be valued as partners in the care of their loved one.

The ICU Team

Our number one priority is to provide patients with the safest, highest quality, specialized care as long as required. Our goal is to work with a multidisciplinary team to care for the specialized needs of each of our patients

Critically ill patients are at high risk for permanent disability or death. The ICU team includes:

- ⇒ Intensivist (a doctor that specializes in Intensive Care Medicine)
- ⇒ Registered Nurse (RN) with Critical Care training
- ⇒ Registered Respiratory Therapist (RRT)
- ⇒ Pharmacist (RPhm)
- ⇒ Registered Dietitian (RD)
- ⇒ Social Worker
- ⇒ Nursing Unit Manager
- ⇒ Patient Services Clerk
- ⇒ Volunteers
- ⇒ Spiritual Care Professional is available upon request
- ⇒ Physiotherapist (PT)
- ⇒ Discharge Planner

Critical Care Outreach Team (CCOT)

The CCOT is comprised of an Intensivist, Respiratory Therapist and an Intensive Care Nurse. Once a patient is transferred out of the ICU, the CCOT team continues to monitor the progress and needs of the individual.



Communication

RVH values transparent and frequent communication. The environment in the ICU can be overwhelming. We want to reduce anxiety through clear, ongoing communication. Patients and family members will be asked to provide Living Wills/Advance Directives they may have that records a person's healthcare wishes. With respect to our patient's right for confidentiality, information will be provided to the Power of Attorney or substitute decision maker. Communication works best when family **designate one primary contact** or spokesperson to communicate with our physicians or nurses. Each patient room has a white communication board to help facilitate communication.

Children Visiting

We respect the need for children to maintain contact with their family members during their stay in the ICU. This can be a traumatic place in the eyes of a child, please consider their developmental readiness prior to bringing them into the ICU. While in the ICU, children must be accompanied by an adult. Please let us know if you have any questions or concerns.