

ROYAL VICTORIA REGIONAL HEALTH CENTRE

Rotary Place, 3rd Floor
201 Georgian Drive,
Barrie

QUICK FACTS

- NUMBER OF RESIDENTS: 9 PGY1 & 9 PGY2
- NAME OF TEACHING SITE(S): RVH Family Medicine Teaching Unit (FMTU)
- CURRICULUM TYPE: Horizontal (residents maintain a family practice three half days per week throughout the two-year program)
- HOSPITAL TYPE: Community
- PGY1 ELECTIVE BLOCKS: 1 (Residents maintain their family practice commitment during elective time)
- PGY2 ELECTIVE BLOCKS: 3 (Residents maintain their family practice commitment during elective time)
- PROGRAM INCLUDES 3 BLOCKS OF EMERGENCY MEDICINE AND 2 BLOCKS OF HOSPITALIST MEDICINE
- OBSTETRICS; 2 BLOCKS IN 1ST YEAR. RESIDENTS ALSO FOLLOW AND DELIVER THEIR OWN FAMILY MEDICINE PATIENTS THROUGHOUT THEIR RESIDENCY, UNDER THE SUPERVISION OF A FAMILY MEDICINE PHYSICIAN WHO PRACTICES OBSTETRICS.
- PROGRAM IS FOCUSED ON GENERAL FAMILY MEDICINE

PROGRAM HIGHLIGHTS

- Manage your own roster of patients within the Family Medicine Teaching Unit (FMTU) with an electronic medical record system
- Learn through a competency based curriculum and call schedule structured within a horizontal teaching model
- Deliver comprehensive care to a broad patient population in an office and hospital setting.
- Work in a non-competitive, non-service residency environment that offers maximum practical learning opportunities with experienced faculty
- Upon completion of the RVH program, Residents will be also be comfortable practicing Emergency, Hospitalist and low risk Obstetrics medicine
- Live in an energetic, vibrant young city with four season recreational amenities within 45 minutes of Toronto and Muskoka

HOSPITAL, COMMUNITY, TEACHING UNIT AND PROGRAM

Royal Victoria Regional Health Centre (RVH), an acute-care community hospital, offers a broad range of programs and services in one of Canada's fastest growing cities. RVH has one of the busiest emergency departments in the province, with over 84,000 visits annually. Each year, the health centre averages 2,100 births, 176,000 imaging tests, 435,000 patient visits and 13,000 surgeries. The health centre underwent an expansion which opened in the spring of 2012. This expansion doubled the size of

RVH, increasing capacity from 297 to 319 beds with a dedicated Coronary Care Unit; an Emergency Department that tripled in size; an expanded Imaging Department which includes space for a second MRI and three interventional Radiology suites; a fully automated laboratory with 4.3 million laboratory test annually; two new state of the art operating rooms, and the Simcoe Muskoka Regional Cancer Centre which will log more than 90,000 visits in its first year.

The FMTU, where residents manage their own practice of up to 200 patients, is located on site at RVH in a 12,000 square foot purpose built teaching unit. This space is located in the Rotary Place building, and connected to the hospital by an underground tunnel. The new FMTU is fully equipped with state of the art equipment, a procedure room, a dedicated classroom, 4 call rooms and a large resident lounge.

Residents and their roster of patients are part of the FMTU, which is a member of the Barrie Community Family Health Team (BCFHT). The BCFHT is one of the largest in the province, and offers a multidisciplinary team approach to patient care. Residents work in this multi-disciplinary team and some of the teaching is done by Allied Health team members. Residents are also on call for their roster of patients should they be admitted to the hospital for inpatient care.

The combination of teaching unit, hospital rotations and other community placements offers an excellent mix of in-patient and outpatient experiences to maximize the resident's training.

Due to the limited number of specialty residents and undergraduates, our Family Medicine residents enjoy the benefits of functioning as primary house staff and the hands-on learning opportunities this offers. Instruction is provided by teachers with vast experience in Family Medicine training. Highly skilled and enthusiastic sub-specialty instructors, working directly with residents, will provide a broad, comprehensive and rewarding experience. These learning interactions create mentor-student relationships that foster confidence and competency in patient and practice management. Learning is enhanced by call requirements with specialty faculty. Call on most rotations ends at 11:00 pm, with the exception of 24 hour call while on Obstetrics rotation.

RVH also has core U of T Family Medicine clerks that spend 5 weeks in the FMTU. Residents participate with staff physicians & Allied Health team members with clerk teaching.

Residents participate in academic sessions that are coordinated between Barrie's medical staff, other U of T teaching sites and U of T core days.

Barrie is a vibrant, young city with a spectacular waterfront, abundance of golf, skiing, hiking and biking trails, plus many dining and entertainment amenities. The city offers an affordable cost of living and a highly collegial, social and active medical community. It is a great city for families.

TESTIMONIALS

I have thoroughly enjoyed my time in the Barrie residency program.

The longitudinal program allows for continuity of care that is invaluable. The responsibilities of the residents are high, but that makes one more prepared when they complete residency and are then performing these tasks on their own. We are responsible for our own family clinic patients both as an outpatient and inpatient. This allows for teaching in multiple settings and prepares you for multiple disciplines within the family medicine spectrum. The staff within the family medicine group are very enthusiastic about teaching and they prepare you for a wide variety of family medicine responsibilities.

The modern clinic we are privileged to work in is on hospital grounds, making it easier to complete both hospital and clinic work. We are fortunate enough to be able to complete all of our core rotations within the Barrie community. The specialists we work with are very approachable for questions at any time during our residency. The relationships we build with the local specialist is a vital learning tool that can be continued after residency.

There is a team based approach at all levels of care and as a resident you are a valuable member of those teams. The residents are very close knit group and gather for multiple events outside the workplace, including educational sessions, participating on sports teams and other social events.

The Barrie program has been incredible and I couldn't imagine completing a residency anywhere better!
PGY-2

The Barrie site is a great place to complete a Family Medicine residency. At the FMTU, each resident has his or her own practice. The practice consists of a number of patients for which the resident takes responsibility for their full care for the 2 years of training. This includes patient visits, reviewing lab work and investigations, consult notes, etc. We also follow our patients in hospital if they are admitted, which is a great way to get the full picture of the pathology when patients are stable, and when they are sick. This also enhances the patient – doctor relationship tremendously in my experience. With regards to obstetrics, we follow the low-risk pregnancies to term and deliver our own patients. After every half day in clinic, there is a “wrap-up” session where we discuss interesting cases, and allow some time for education.

The FMTU is a great place to learn. The residents are a tight knit group which makes the learning process much more fun. The supervisors provide as much support as needed while maintaining autonomy and patient safety. All supervisors, including the Program Director are very friendly and open to talk to at any time. The Site Coordinator does everything possible to accommodate the residents' needs. The nurses and administration staff are all lovely and easy to work with.

At RVH, Family Medicine residents are the only residents training in the hospital which makes us first call on any specialty rotation. Many of the attendings are focused on resident education including ones in the Emergency Department, Internal Medicine, and ICU.

Lastly, Barrie is a nice place to live and practice, and many residents choose to stay in Barrie after training. It's close to cottage country in the summer, and the ski hills in the winter. It's only about 50 minutes away from Toronto.

Overall, this is a great place to train if you are hardworking and focused on your education. Truly, the residency program here far exceeded my expectations. The program does cater to the residents' educational goals as much as possible. I have no regrets about my training here, and would train here again if given the choice.

PGY-1

CURRICULUM

In addition to continuous Family Medicine, the RVH experience will include Internal Medicine, Paediatrics, Obstetrics, Women's Health, Surgery, Emergency Medicine, Mental Health, Palliative/ Oncology, Public Health, MSK, Geriatrics, and Hospitalist Medicine. Residents experience many of Royal Victoria Regional Health Centre's medical and surgical subspecialties offering a wide array of clinical expertise from highly skilled and knowledgeable physicians.

FAMILY MEDICINE

In this horizontal model, residents spend three half days each week in the Family Medicine Teaching Unit (FMTU) managing and maintaining his/ her own practice over the two year residency. The teaching unit is part of the Barrie Community Family Health Team offering a team, multi-disciplinary approach to patient care and learning. Family Medicine enrichment opportunities in the areas of office procedures, dermatology, community and public health, accessing resources in the community, just to name a few, will be offered.

INTERNAL MEDICINE / ICU / HOSPITALIST

Residents have ample learning opportunities in ICU medicine; sub specialty clinics; one-on-one consult medicine plus in-patient management. Residents also complete 2 core blocks in Hospitalist medicine.

EMERGENCY

Residents experience working 10 – 12 shifts per month in one of the province’s busiest Emergency Department with CCFP (EM) teachers and Royal College Emergency Medicine Specialists.

OBSTETRICS / WOMEN’S HEALTH

Residents do 24-hour call, in a busy birthing unit and deliver up to 6 births per shift, as well as consulting on any ER or hospital patients. They also participate in prenatal and gynecological clinics in the community. Procedural skills such as IUD & endometrial biopsy can be developed through office as well as colposcopy clinics.

PAEDIATRICS

Residents have ample opportunity for emergency consultant on call and working in neonatology clinics. Additional opportunities exist in community paediatric clinics.

PUBLIC HEALTH

The RVH program offers a unique opportunity in second year for Residents to complete a rotation in Public Health. Residents work directly with staff of the local public health unit to provide an understanding of how public health works with the rest of the health care system, including primary care.

PALLIATIVE CARE / ONCOLOGY

Residents round on inpatient palliative and oncology patients before attending scheduled oncology clinics. The new patient clinics are an excellent environment for Residents to learn about oncology and how their primary care practice intersects with the oncology world.

GERIATRICS

The geriatric rotation at RVH engages residents in caring for seniors with complex medical needs while learning about the patient’s life story and its impact on their health care needs. The rotation is held at various sites and includes: primary care geriatrics, long term care, hospital based geriatric clinics, geriatric outreach services and the local inpatient psychogeriatric unit. Our faculty from the areas of primary care, care of the elderly focused practice, geriatrician and geriatric psychiatrists welcome the residents to this rotation and eagerly share their passion and wisdom of caring for seniors. The rotation is complemented by skilled allied health professionals including nurse practitioners, physiotherapists and specialized geriatric pharmacist.”

MENTAL HEALTH

Residents have the opportunity to participate in inpatient and outpatient psychiatric care. The rotation also includes scheduled time to visit and learn about community resources that can be used in their general practice.

SURGERY

During the surgery rotation, residents work with general surgeons of RVH in the operating rooms, ambulatory care clinics, endoscopy suites and private clinical offices. One of these weeks will be dedicated to the Acute Care Surgical Service when the resident and a primary preceptor will handle all emergency room consults, as well as hospital consults. This will incorporate the majority of call responsibilities. There are also the opportunity to attend a varicose vein clinic, and a Lumps & bumps clinic in the FMTU procedure room with one of the general surgeons.

MUSCULOSKELETAL

On MSK rotation, residents spend a specified number of half days rotating through various clinics and hospital settings including: Orthopedic Surgery (Fracture Clinic and Operating Room), Sports Medicine, Physical Medicine and Rehabilitation, Hand Clinic, Physiotherapy, Rheumatology, and Chiropractic.

ELECTIVES

Elective opportunities are available throughout first-and second year of the program. The expectation is for residents to maintain their family practice responsibilities in the Family Medicine Teaching Unit during the elective.

Contacts

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