



Simcoe Muskoka Regional
Eating Disorder Program Referral
Phone: 705-728-9090 ext. 43504
Fax to: 705-797-2961

NAME: _____

DOB: _____
(DD/MM/YYYY)

HRN: _____

FORMS THAT ARE NOT COMPLETE, OR NOT CLEARLY PRINTED WILL BE RETURNED.

Date of Referral (dd/mm/yr) ___/___/___	
Patient's Name (print first name, last name):	
Date of Birth: (mm/dd/yr) ___/___/___ <input type="checkbox"/> Under 24.5 years	
Home Address:	
Home Telephone Number:	Alternate Phone Number:
Doctor Office Phone Number:	Fax Number:
Permission to leave message: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Health Card #:	Version Code:
Parent/Guardian Name:	
Relationship to Patient:	
Reason for Referral/ Presenting Signs & Symptoms: (For example: purging, weight loss, restricting, excessive exercise)	
Previous Medical/ Mental Health History:	

WEIGHT & HEIGHT:

Weight: Present ___ kg	Highest ___ kg	Lowest ___ kg
Date ___/___/___	Date ___/___/___	Date ___/___/___
<input type="checkbox"/> Please provide a growth chart or complete growth history		
Height: ___ cm	Date ___/___/___	

MEDICAL STABILITY: PLEASE FILL OUT COMPLETELY WITH CURRENT INFORMATION

Blood Pressure	Supine	Standing	Date taken: ___/___/___
Heart Rate	Supine	Standing	Date taken: ___/___/___



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MENSES:

Menarche:

LMP:

WEIGHT CONTROL METHODS	NO	YES	WEIGHT CONTROL METHODS	NO	YES
Food Restriction			Ipecac		
Binging			Diet Pills / Supplements		
Vomiting			Exercise		
Laxatives			Other (please specify)		
Diuretics					

MEDICATIONS:

Prescribed: Name(s), dose and frequency

Non-prescription: Name(s), dose and frequency

ECG & LAB WORK: Please have all the following completed and faxed to us at time of referral

- Sodium Potassium Chloride Glucose BUN/Creatinine ALT Calcium Magnesium
Phosphorus Albumin Total Protein Ferritin TSH CBC/diff ESR Amylase LH FSH
T4/TSH ECG

Referring Provider Name:

Signature:

Date:

Address:

Phone:

Fax:

Office Private:

Clinic Use Only:

Received:

Booked:

Confirmed:

