



www.rvh.on.ca

NAME: _____

DOB/SEX/AGE: _____

ACCT#: _____

UNIT #: _____

CPAP FOLLOW-UP QUESTIONNAIRE

Date: _____

- 1) Have you ever had a previous sleep study using your CPAP? If yes, when? _____ where? _____
- 2) Who is your current CPAP supplier? [] Royal Pro Resp [] Medigas [] Vitalaire [] Shoppers
Please provide contact information if the CPAP supplier is outside Barrie _____
- 3) Please list current medications:

- 4) Please list your current CPAP pressure? _____ cmH2O Height _____ Weight _____
Have you [] gained weight _____ or [] lost weight _____ or [] no change in weight?
- 5) Are you using your CPAP unit every night? Yes No How many hours each night? _____

For questions 6 through 10, please put an "X" on the line to indicate how you would rate these items

- 6) How would you describe the air pressure you are receiving?
[_____]
Too Low Just Right Too High
- 7) How comfortable do you find your mask?
[_____]
Unusable Acceptable Very Comfortable
- 8) How well are you tolerating CPAP therapy?
[_____]
Not well Well Very well
- 9) Are you experiencing any dryness in your nose or mouth after using your CPAP?
[_____]
Very Dry Just Right Too Moist
- 10) Have you noticed any improvement since using CPAP?
[_____]
No Improvement Noticeable Improvement Dramatic Improvement

EPWORTH SLEEPINESS SCALE

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? Even if you have not done some of these activities, try to figure out how they would have affected you. Use the following scale to choose the most appropriate number for each situation. **Please mark the appropriate boxes with an "X". (0= would never doze, 1 = slight chance of dozing, 2 = moderate chance of dozing, 3 = high chance of dozing.**

Situation	Chance of Dozing			
	0	1	2	3
Sitting and reading				
Watching T.V.....				
Sitting, inactive in a public place (e.g. a theatre or a meeting)				
As a passenger in a car for an hour without a break.....				
Lying down to rest in the afternoon when the circumstances permit				
Sitting and talking to someone				
Sitting quietly after lunch without alcohol.....				
In a car, while stopped for a few minutes in traffic				
	Total			/24

