R∀H	PATIENT NAME:
Royal Victoria Regional Health Centre	DOB:
Outpatient Cardiac Diagnostics and EEG Requisition	
201 Georgian Drive, Barrie, Ontario Phone: 705-739-5604	HRN:
Fax: 705-739-5651	(addressograph)

Patient Information		
Patient Name:	Gender:	
Address:	Postal Code:	
List the patient's home phone number, and if applicable, one alternate number. For each number, use the tick boxes to indicate if the patient consents to be called at that number and/or if messages relating to his/her care & appointments can be left at that number:		
Home:	□ Call – can leave a message □ on voicemail □ with a person	
Work/Other:	Call – can leave a message on voicemail with a person	

Cardiac Diagnostics		
Procedure	Date	Time
□ Holter Monitor □ 24 hr □ 48 hr □ 7 day □ 14 day		
Indication for Holter Monitor:		
Loop Recorder		
Indication for Loop Recorder:		
ECG – 12 Lead		
Indication for ECG:		
Exercise Stress Test		
Indication for Exercise Stress:		
□ If results are abnormal, book patient for cardiac MD consultation.		

EEG		
Procedure	Date	Time
□ With sleep deprivation		
Indication and Relevant Clinical History		

It is your responsibility to advise the patient of their appointment time.		
Referring MD:	Family MD:	Physician Signature:
Telephone Number:	Fax Number:	Billing #

OFFICE USE ONLY		
V#	Acct #	



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Patient Instructions

- 1) Please register at the second floor Atrium Lobby Central Outpatient Registration before going to the Cardio-Respiratory Department.
- 2) Patients are expected to arrive 15 minutes prior to scheduled appointment time. Late patients may have to be rescheduled

Holter Monitor (15 minutes) Loop Monitor (30 minutes)	 Wear a two-piece outfit. No baths or showers are allowed during the recording period. You must return to the hospital the next day the recording is complete and drop them off in a drop box, located either outside cardio-respiratory department on level 1 or between the sliding doors at the Atrium entrance Level 2. Wear a two-piece outfit. You must return to the hospital with the monitor two weeks after start date. Drop off recorder in a drop box, located either outside cardio- respiratory department on level 1 or between the sliding doors at the Atrium entrance Level 2.
	Level 2.
ECG	No special preparation required.
Exercise Stress Testing (20 minutes)	No caffeine 4 hours prior to test, very light meal only, Wear comfortable clothing and shoes for exercising. Please check with your Physician about taking your medications before the test.
EEG (60 Minutes)	Hair must be clean with no hair spray or mousse prior to testing. One hour less sleep night prior, and follow your usual routine for meals and medication.
EEG Sleep Deprivation (60 minutes)	Hair must be clean with no hair spray or mousse prior to testing. Over 7 years of age, no sleep for 24 hours prior to test. Under 7 years of age, no sleep after midnight. No caffeine products after midnight.

