

HAND HYGIENE QUIZ

Name: _____ Unit/Dept: _____

1. The effectiveness of hand hygiene practices is most impacted by the condition of:
 - a) Fingertips, skin and nails
 - b) Fingertips and skin
 - c) Skin and nails
 - d) Nails, hair and fingertips

2. What's the first step when using the correct technique for washing hands with soap and water?
 - a) Lather hands
 - b) Wet hands with warm water
 - c) Apply liquid soap
 - d) Turn on the tap

3. Which is the preferred method for decontamination of hands in a healthcare setting?
 - a) Bar of soap and water
 - b) Liquid soap and water
 - c) Alcohol-based hand rubs
 - d) Antiseptic soap

4. What is the primary purpose of hand hygiene?
 - a) Reduce microorganisms on the hands
 - b) To keep hands clean
 - c) To keep nails clean
 - d) To maintain skin integrity