



## Occupational Health and Safety

### IMMUNIZATION HELP GUIDE

#### WELCOME!

#### Suggestions to help you meet Royal Victoria Regional Health Centre (RVH) immunization requirements

RVH requires all workers to provide Occupational Health and Safety (OHS) with current immunization records that meet our hospital policy and the minimum standards for all Ontario hospitals. RVH wants to limit the risk of exposure and transmission of communicable diseases for employees and patients and support a healthy and safe work environment. The suggestions below may help you to obtain information and complete your immunization record form.

#### To access your past records:

- Contact your current or past employer and request a copy of your record from the Occupational Health Department.
- Contact your health care training school program and request a copy of your immunization record from Student Health Services.
- Contact facilities where you performed volunteer work and request copies of your record.
- Contact the Public Health Department in the school district that you attended to ask for a copy of your vaccination record.
- Obtain your childhood record (often a yellow card or form) from your family doctor or parents. Other health care professionals you have received care from may also have pertinent documentation of immunity such as obstetricians, midwives or family physicians.

#### To update your vaccinations and get blood work done:

- Visit your family doctor or local walk-in clinic with our form to be completed.
- To obtain a current list of walk-in medical clinics near RVH, contact OH&S at 705-728-9090 ext.42350
- Tuberculin testing must be completed no sooner than 4 weeks prior to start date.
- Blood tests are required if you are unable to confirm vaccination dates and test results may take 2-4 weeks. You may want to discuss revaccination as an option with your doctor.

#### Please Note:

Non residents of Ontario and all foreign workers are required to bring all original records for TB testing, vaccines and blood tests to our Occupational Health and Safety Department.